



Research and clinical evidence continue to suggest that a malfunctioning nervous system may be a key factor in the development of many digestive disorders.

Can Upper Cervical Spinal Care help?

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DIGESTIVE DISORDERS

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DIGESTIVE DISORDERS

For most people, digestion is a natural process that we take for granted. However, there are millions of Americans who are not as fortunate. When the digestive process goes awry, it can result in any number of digestive disorders which can interfere with normal, healthy functions.

While the list of digestive disorders is vast and varied, some of the more common ones are colic, acid reflux, constipation, irritable bowel syndrome and Crohn's disease. A component many of these disorders share is a nervous system that is "out of sync."

Every section of the GI tract is prone to its own unique disorder - some are merely annoying, such as heartburn, while others can be painful or even debilitating with cramping, bloating, diarrhea, constipation, or bleeding. If the condition persists, it can undermine a person's overall health, and, in some cases, threaten his or her life.

MEDICAL TREATMENTS

Many sufferers attempt to treat their symptoms with over-the-counter (OTC) drugs. If this fails, they are typically given prescription drugs or steroids. As a last resort, surgery may be recommended to repair or remove a section of the digestive tract. However, the Physician's Desk Reference reveals that the drugs used to treat digestive disorders can have dangerous side effects. Some may even cause further digestive distress.

DIGESTIVE DISORDERS & THE BRAIN STEM

Research and clinical evidence continue to suggest that a malfunctioning nervous system may be a key factor in the development of many digestive disorders.

Much of the control of the digestive system is under the direct control of the brain stem via the vagus nerve. The brain stem is the command center for many vital functions, including digestion. It works very much like a telephone cable with thousands of individual wires or nerve fibers sending signals back and forth between the brain and brain stem to every cell, organ, and system in the body.

Misalignments in the upper cervical spine (neck) can interfere with the function of the brain stem which can be a critical factor in many health problems, including digestive disorders. These misalignments can be caused by a number of things - bumps, falls, sports injuries, car accidents, birth trauma, and emotional stress. Health problems may appear immediately after the injury or several years later.

CAN UPPER CERVICAL SPINAL CARE HELP DIGESTIVE DISORDERS?

The most common misperception about Upper Cervical care is that it only helps back and neck pain. Although our doctors can certainly help those who come to us seeking relief from back and neck pain, we help patients suffering from a variety of conditions, including digestive disorders. Healthy Living Spinal Care has helped thousands of patients restore their health through Upper Cervical Spinal Care.

The brain stem has an effect on all the major organs of the body, including the stomach.

Upper Cervical chiropractors recognize that the body is a self-healing organism controlled and coordinated by the central nervous system, which is protected by the skull and spine.

UPPER CERVICAL SPINAL CARE; A SIMPLE CONCEPT

Upper Cervical care is based on the universal law of cause and effect. For every effect or symptom, physical or mental, there must be a root cause. At Healthy Living Spinal Care, we focus on locating and removing interference to the nervous system that can be the cause of the health condition. Removing this interference allows the body to heal itself naturally without drugs or surgery. An Upper Cervical correction is very controlled; there is no pulling, tugging, or jerking of the head. This precise yet gentle touch allows the head, neck, and spine to return to the proper position, thus removing the interference and restoring balance to the body.

